



Winthrop Primary School



MEGABITES - TERM 2 & 3 MENU

The Canteen cannot function without the help of Volunteers. If you can help – please call or come in to arrange a suitable time.

RECESS ITEMS		
Amber	Pizza Slices	\$0.50
Amber	Hash Browns-Sml	\$0.50
Amber	Garlic Bread	\$0.50
Amber	Toasted Sand. 1/2	\$1.50
Amber	Wedges	\$1.00
Green	Jelly with Fruit	\$1.00
Amber	Muffins	\$1.00
Green	Popcorn	.20 / .40

Not all items available everyday

Canteen Manager: Wendy Scherini
Assistant Manager: Bev Warrington

Canteen Telephone: 9310 6100

DRINKS AND DAIRY (Lunch & Recess)		
Amber	Small Plain Milk	\$1.20
Green	Small Choc, Berry, Banana, Mint	\$1.50
Green	Bottled Water	\$1.50
Green	Popper Juice 100% - Asst. 250ml	\$1.20
Green	Classic Juice 100% - Asst. 350ml	\$2.00
Green	LOL Drinks - Asst.	\$1.50
Green	Hot Milo - Lunchtime Only	\$1.50

Collect milo from Canteen

ICE CREAMS (Lunchtime Only)		
Green	Juicy Fruit Sticks	\$0.50
Amber	Paddlepops - Assorted	\$1.00
Amber		
Amber		
Amber		

(Subject to availability)

EVERYDAY LUNCH ITEMS			
Sandwiches		Toasted Sandwiches	
Green	Salad	Green	Cheese
Green	Cheese	Green	Egg
Green	Egg / Curried Egg	Green	Chicken
Green	Chicken	Green	Ham
Green	Ham	Green	Baked Bean
Green	Tuna	Green	Tuna
Green	Vegete	Green	Spaghetti

Please add 30 cents per additional ingredient

Green	Salad Wraps (Chicken or Ham)	\$3.80
Green	Salad Wraps (Cheese or Egg)	\$3.80
Green	Toasted Focaccia (chicken/cheese, ham/cheese + Avocado 30c ext)	\$4.00
Green	Soup of the Day with a Roll	\$2.50
Green	Plain Roll	\$0.50
Green	Salad Box (Chicken or Ham)	\$4.00
Green	Salad Box (Cheese or Egg)	\$4.00
Amber	Cup-A-Noodles ***	\$2.00

*** Items Must be Collected from Canteen

LUNCH SPECIALS																																																																																			
Monday	Green	Macaroni Cheese	\$3.50																																																																																
	Green	Chicken Zinger Wrap	\$3.50																																																																																
	Amber	Pizza (H&C / Hawaiian)	\$2.50																																																																																
	Green	Hot Chicken Rolls	\$3.00	Tuesday	Amber	Potato Top Pies	\$3.00		Green	Spaghetti	\$3.50		Green	Lasagne	\$3.50		Amber	Nachos-In-A Box	\$3.00		Amber	Hotdogs	\$3.00	Wednesday	Green	Fried Rice - Small (200g)	\$3.50		Amber	Fried Rice - Large (280g)	\$4.00		Green	Burgers Beef or Chicken	\$3.50		Green	Meatball Subs	\$3.00		Green	Macaroni Cheese	\$3.50	Thursday	Green	Lasagne	\$3.50		Green	Spaghetti	\$3.50		Amber	Drummies & Wedges	\$3.50		Green	Hot Potato H&C, Chicken/Mayo, Beans	\$3.80	Friday	Green	Fried Rice - Small (200g)	\$3.50		Green	Fried Rice - Large (280g)	\$4.00		Amber	Potato Top Pies (Sauce add 20c)	\$3.00		Amber	Beef Pies (Sauce add 20c)	\$2.50		Amber	Sausage Rolls (Sauce add 20c)	\$2.00		Amber	Party Pies (Sauce add 20c)	\$0.70
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PLEASE ENSURE THAT LUNCH ORDERS ARE RECEIVED BEFORE SCHOOL COMMENCES.

Green Items that are low in fat and sodium

Amber Items that have a higher fat and sodium content

